

Frequently Asked Questions for ACVC's Adult Advanced Play

What is Advanced Adult Play?

Adult Advanced Play (AAP) is an ACVC open gym for highly experienced volleyball players with at least A ratings. Commonly, AAP players have 10 years or more volleyball experience. AAP is not a learning league; players are expected to perform at a high level and know their offensive roles and defensive responsibilities.

What does it mean to be rated?

Like most other sports, volleyball players are divided into skill levels. In volleyball, the lowest level is generally C or B (beginning/recreational). Depending on the region, the highest level might be AA or Open (superior players, the best in the area). Here is a good explanation of the various skill levels: <https://www.xososports.com/page/volleyball-skill-level>

How does a person get an "A" rating?

- Being a recent member of a college varsity or, depending on the size of the university, possibly a club team (not intramurals)
- Depending on the school and region, being a recent high-school varsity player
- Playing on USAV tournament teams in "A" divisions or higher
- Playing in an organized, officiated recreational league in "A" divisions or higher
- Participating in a ACVC evaluation session and being assessed as an "A" player

Are all AAP players A-rated?

No. When initially building this league, players with at least BB ratings were included. They will be allowed to continue to participate. However, as the league has grown and attracted more high-level players, the threshold for joining will be an "A" rating.

How can I find out more?

Email AAP coordinator Mike Mather at mike@albemarlecountyvolleyball.com