



Tournament League Descriptions

Co-Rec Leagues:

A League –

An “A” player performs all skills consistently/semi-consistently with few errors. They can run complex systems effectively and usually have played at a college or university or has high level tournament experience.

B League -

A “B” player knows the skills but do not yet execute high-level plays consistently. They always know where to be on the court and where to be when the opponent is hitting. “B” players know the footwork and how to effectively approach hitting and are usually familiar with playing in a 6-2 or 5-1 system and have played in an organized recreational league.