



Tournament Rules

(Double Elimination)

- 1) Individuals may only register with one team in each tournament.
- 2) Scoring
 - a. Regular matches:
 - i. 3 games to 25; win by 2 pts
 - ii. Rally scoring; no point cap
 - b. Playoff matches:
 - i. Sets 1 and 2: games to 25. Win by 2 points. Rally scoring. No point cap.
 - ii. Set 3: game to 15.
- 3) Co-Rec: 2 women min. on the court at all times. Male and female players must alternate on floor in starting line-up *F-M-M-F-M-M*. If team hits ball more than once, one hit must be by a woman. Min. age: 18. Team MAY play with 5 players.
- 4) Time intervals:
 - a. Warm-up: 5 minute minimum, shared court
 - b. Time-outs: two 30 sec. time-outs per game per team
 - c. Forfeits: team forfeits 10 minutes past match time
- 5) Blocking or attacking the serve is not allowed. Server may NOT step on service line prior to contact. 5 seconds for service. Only one re-serve allowed per term of service.
- 6) Multiple contacts ("double" hit) in a single attempt to play the ball is legal on ALL first team hits including service reception. Ball contact is legal with any part of the body as long as it does not visibly come to rest or involve prolonged contact.
- 7) Ceiling, Backboards & Structures over playable areas:
 - a. Backboards that are pulled up are considered part of the ceiling, so a ball remains live if it contacts it from a team on the same side and they still have a contact left.
 - b. Curtains/walls: If a ball contacts one of the curtains, it is a judgement call by the ref. Ball contact with wall is out-of-bounds.
- 8) Net Violation: contacting any part of the net, including cables or antennas, while playing the ball is a violation. Player's contact with the net will be ignored if it is the result of a distinct separate action.
- 9) Centerline violation: Contacting the floor across the center line with any part of the body (hand/foot/knee, etc) is a violation. Players are allowed to completely cross the center-line outside the court of play, so long as they don't interfere with an opponent or present a safety hazard.
- 10) Players assist with line calls, touches and net violations. Honor code!
- 11) Substitutions: Players sub in/out for the same person (If I came in for you, you come back in for me).
- 12) Misconduct: Warnings are verbal and addressed to the captain. Verbal warnings are given for minor offenses. No penalty assessed.
 - a. Yellow: Warning. Affects the entire team if a player is given a yellow card. No penalty point assessed.
 - b. Red: Penalty. Must be given if anyone on the team has already received a yellow. A penalty point is assessed.
 - c. Red/Yellow together in one hand: Expulsion. Offending player is removed from the set (game). No penalty point assessed.
 - d. Red/Yellow in separate hands: Disqualification. Offending player is removed from the match. No penalty point assessed.
- 13) Only the team captain is authorized to talk to the official regarding a dispute.